

## **In-Clinic Visit Best Practices**

In an effort to keep our patients, practitioners, staff and community safe, we are implementing the following protocols for all in person appointments.

## We ask that everyone please:



**Come** to your appointment by yourself (unless you are in need of aid or are a minor)



Bring and wear your own facemask if you have one



Visit the bathroom before you arrive if possible. Sanitize your hands when you arrive



Head directly to your assigned treatment room



Pre-book and prepay for multiple appointments to allow a contactless visit. (Contactless payment preferred).



If you arrive more than 5 minutes early/late, call us from your car to find out when it is safe to enter



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## Our practitioners and staff are doing the following:



Staff /practitioners **wearing masks** for your protection



Working different shifts to limit the number of people in the clinic at one time



Increased time between appointments and extended clinic hours to reduce clinic traffic



"One-way traffic flow" to allow for physical distancing in the common spaces





Practitioners washing hands and disinfecting treatment rooms between patients; all high touch areas disinfected multiple times per day



Waiting room **seating spaced out** and toys, books and magazines have been **removed** from the clinic